



NEWS RELEASE

FOR IMMEDIATE RELEASE

Contact: Jeanne Reynolds
(803) 213-6274
jdreynolds@coloniallife.com

Nona Snyder Wins Hall of Fame Award from Colonial Life

COLUMBIA, S.C. (Jan. 29, 2009) — Colonial Life has named Nona Snyder of Garden Ridge, Texas, winner of the Hall of Fame Award, the company's most prestigious national sales award, given annually to the top overall sales representative.

Snyder also has been named winner of Colonial Life's Agency Channel Founder's Award for New Accounts and Founder's Award for New Account Opener Sales Premium, as well as Agency Channel Coordinator of the Year.

Colonial Life will present these awards to Snyder and 17 other top national award winners at the company's annual sales conference in March. Colonial Life's national sales awards recognize outstanding achievement in leadership, sales, new account opening, recruiting and people development.

Snyder joined Colonial Life in 1990 and has 19 years of experience in the benefits industry.

For more information about benefits communication, call Colonial Life at (803) 798-7000 or visit www.coloniallife.com.

Colonial Life & Accident Insurance Company is a market leader in providing insurance benefits for employees and their families through their workplace, along with individual benefits education, advanced yet simple-to-use enrollment technology and quality personal service. Colonial Life offers disability, life and supplemental accident and health insurance policies in 49 states and the District of Columbia. Similar policies, if approved, are underwritten in New York by a Colonial Life affiliate, The Paul Revere Life Insurance Company. Colonial Life is based in Columbia, S.C., and is a subsidiary of Unum Group.

###